

Meadowvale Junior Riding Program

Ages: 4-7 years old

Duration of lesson: 30 minutes for one student
45 minutes for two students

Description of the program:

This program is designed for children 4- 7 years of age who would like to start riding but are not old enough to join into our regular riding program. Students will receive instruction on:

- How to safely handle a pony (horse)
- How to groom
- Introduce the basics of how to tack up a horse
- How to properly mount a horse
- Riding position
- Walking and learning the basics of controlling to pony
- Balance exercises
- Basic games with the above skills
- Some riders may progress to trotting while led if ready*

One pony will be assigned 1-2 riders per session. Riders will learn the handling skills together with the pony and would take turns during the riding exercises. Sessions are 30 minutes for 1 child and 45 minutes for 2 children to ensure all riders get appropriate time.

Cost: \$150 per month including tax (\$132.74 plus HST). One month will include 4 weekly sessions.